

Kind and Caring Kids



KC Koala

Just a reminder: a koala is not a bear. It is a marsupial. 😊

Bold Text: suggested words to say to teach lesson
Italics: suggested actions to take
(Parenthesis): background information or suggested answers

After “Check-First,” the remaining lessons may be completed in any order.

Materials Needed for Lesson

- Charlie Check-First poster
- KC Koala poster to put in prop box
- *Toys* poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Identify KC Koala.
- State the slogan, “Kind and Caring is the way to be!”
- Explain the meaning of *kind* and *caring*.
- Give one example of an act of kindness.

Review of Introduction or Past Lessons

Decide which topics you plan to teach for your session and put objects representing those topics in your Safety Toy Box before you begin.

Using the Toys poster, introduce the lesson as described in the Introduction under Safety Poster Teaching Procedure.

Always start with a review of the Check First concept! Recite Charlie’s rule.

Review concepts from any lessons previously taught. Point out the items on the poster that represent the concepts covered.

Lesson

Prop



Describe KC Koala and have a student point to her on the poster.

Ask a student to come up to the Safety Toy Box and find a matching KC poster.

prop



I'd like you to meet a friend of mine. Her name is KC Koala and she is here today to help us learn about being a good friend. KC and Charlie Check-First are friends. Charlie told you about some safety rules that he wants you to remember, and KC has a saying she wants to share with you.

KC always says, "Kind and Caring is the way to be!"

Who knows what it means to be kind? Get many responses. What does it mean to be caring? Get responses.

Have students repeat phrase several times in different ways (clapping, rapping, whispering, yelling, etc.) **Kind and Caring is the way to be!**

Think about your friends. Why do you like to play with them? Get ideas. (Include: sharing, having fun, being nice, etc.) **Are they kind and caring? (yes)**

Students sit in a circle on the floor. Teacher holds KC Koala puppet.

Prop



I'm sure that all of you are kind and caring and that you are a good friend to someone. Everyone is going to get a turn to tell the class something that you have done that was kind and caring. Or you could tell us something that someone else did for you that was kind and caring. Then you need to say the slogan and pass KC Koala to the next person. I'll go first.

Give an example. My friend fed my dog while I was on vacation. Now I'm going to say KC's slogan. Kind and Caring is the way to be!

Pass KC to the person on the left. Now it's your turn to share. Can you tell us a time when you were kind and caring?

Students continue to give examples, say the slogan, and pass the KC Poster to someone else. (Encourage the students with their examples. Praise them when they are finished.)

Continue until all children have had a turn. State the slogan together:

"Kind and Caring is the way to be!"

Treat others the way you would like them to treat you!

Would you like someone to be mean and nasty to you, or would you like someone to be nice and kind?

Closure

Not only is it important to be kind to others, it is also more fun! You will have more friends and enjoy everything a whole lot more if you are kind and caring to others.

Repeat the slogan several times.

Use the Safety Kids Songs to reinforce the Safety Kids rules.

Choose one or more of the Reinforcement Activities from the following pages.

Be a Safety Kid!



Reinforcement Activities



Kind and Caring King or Queen

Students select someone they think is especially Kind and Caring. This may be another student, a sibling, a friend, a neighbor, or anyone. They decorate a badge and give it to this person.



Materials needed: badge master (see the Buddy System section for master), art supplies to decorate



KC Puppet Show

Students color stick puppets of KC Koala and children, cut them out, and attach them to craft sticks. Students can work in pairs or small groups to do a KC Koala puppet show based on what was discussed in the lesson.



Materials: KC Koala and children coloring page, crayons, markers, colored pencils, craft sticks



Hot KC

Children sit in a circle and pass the KC ball around as the music plays. When the teacher stops the music, the child holding the ball says, "I am Kind and Caring!" and then sits out. Play continues until only one child remains.



Materials needed: open space, *Safety Kids Songs*, Approximately a 5" rubber bounce ball (with a marker, draw KC on the ball).



Tissue Paper KC

Each child receives a picture of KC Koala on cardstock or other sturdy paper. Review KC's slogan with children. Give students some tissue paper squares and a small amount of glue. They crumble the paper into a loose ball, dip the ball in the glue, and attach to the KC Koala picture.

Materials: KC pictures copied onto cardstock, 1-1/2" multicolor tissue paper squares, glue

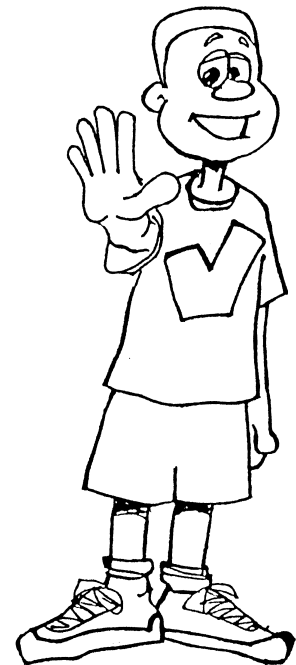
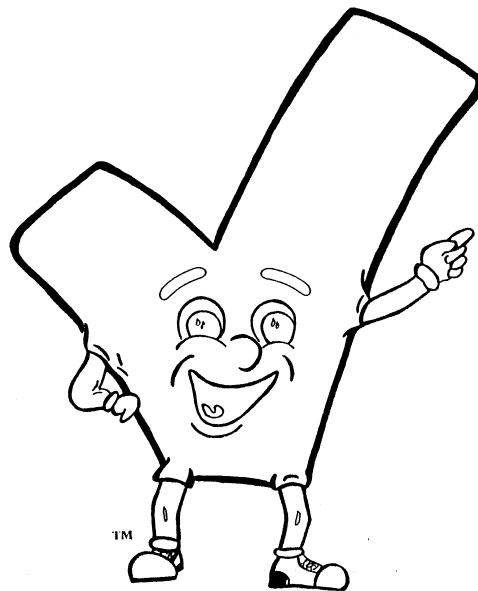


Buddy Pals

Each student is given the name of a Buddy Pal. The teacher may choose to specifically assign certain students or names may be drawn out of a bag. Students are to do acts of kindness and caring throughout the day or week for their buddy Pal. This may include sending notes, cleaning up his or her desk when the Pal is not there, etc. Be creative! Be Kind! Be Caring! At the end of the designated time see if the students can guess their buddy Pal.

Materials: None

Stick Puppet Patterns
(4 Safety Kids, Charlie, and KC)



KC Koala says:



**“Kind and Caring
is the way to be!”**