

Home Alone



Bold Text: suggested words to say to teach lesson
Italics: suggested actions to take
(Parenthesis): background information or suggested answers

After “Check-First” and “Safety Person/Safety House,” the remaining lessons may be completed in any order.

Materials Needed for Lesson

- Charlie Check-First poster
- *Bubbles* poster
- Charlie Check-First safety bubble card
- Key safety bubble card (and any other topics you plan to cover)
- Toy or real phone
- Key
- *Safety Kids Songs* (optional)
- Letter to Parents/Guardian (Appendix)
- Emergency Phone List (Appendix)

Objectives for Students

- Use hand motions to recite: “Keep the door shut and locked!”
- Recite the slogan: “Let it ring! Let it ring! Let it ring!”
- Name two mistakes that can be made when home alone.
- Name two safe things to do when home alone.
- State what to do if they make a mistake or are scared.

Review of Introduction or Past Lessons

Decide which topics you plan to teach for your session and put those corresponding safety bubble cards inside the poster pocket before you begin.

Always start with a review of the Check First concept!

Using the Bubbles poster, introduce the lesson as described in the Introduction under Safety Poster Teaching Procedure. As you introduce a topic, a student (or teacher) removes and displays the safety bubble card from inside the pocket.

Proceed with the lesson.

Lesson

Safety Bubble



Have a student remove the Key safety bubble card from the poster pocket. See the Introduction for more details on how to use the poster.

This key represents being Home Alone. Who has ever seen the movie *Home Alone*? Discuss briefly.

It is about a young boy who is left home alone and he does a lot of silly things. Most of the things he does are things we should not do. We are going to talk today about what you should really do if you are home alone.

Show the key prop.

prop



This key stands for rules you should follow when you are home alone. You may have to be home for a short amount of time and there are some very important safety tips to remember.

Make sure that you do not let people know that you are going to be home alone.

Swing the key around to show that this is something that is unsafe to do.

(Keep the key out of sight until you get to the door. It is not a safe idea to hide a key under the front door mat. Keep it a secret that you will be home alone.)

When you get home, it is a good idea to check in with your mom or dad or a neighbor by phone to let them know you arrived.

THE DOOR

Keep all the doors and windows locked. What should you do if someone comes to the door? Get one or two responses.

The rule is: Keep the door shut and locked!

As you say the rule, clap your hands together on the word shut and then make the motion to turn the lock on the door on the word locked.

Repeat the rule several times. Kids love the hand motions.

Keep the door shut and locked. Keep the door closed to everyone unless your parents told you that a certain person was coming to the house.

It does not matter if it is your neighbor, your teacher, your coach, someone

who works with your dad, or anyone. Just keep the door shut and locked.

It is not necessary to even speak to the person to tell them you cannot open the door.

(The only exception to this door rule is if it involves the Safety Person. Refer to that lesson.)

If the person won't go away and keeps on knocking, what can you do?

Hold up toy phone for a clue.



Use the phone and call a parent, a neighbor, or the police. You do not have to answer the door. Keep it closed.

(Go to another room and guess how long it will take for the person to go away. Ignore the person.)

THE PHONE

There is another rule you need to remember when you are home alone and it has to do with this machine.

Hold up the phone prop.

Who knows the rule about the phone?



The rule is “Let it ring! Let it ring! Let it ring!”

Sway your head back and forth in a sing-song manner as you say the rule. Say it in different styles (whisper, chant, rap, etc.)

Let the answering machine pick it up or check the caller ID to see if it is your mom or dad, but just let it go.

Repeat the rule several times: “Let it ring! Let it ring! Let it ring!”

If you make a mistake and pick it up and tell someone that you are home alone, don't get worried. You can call your mom or dad or neighbor and let them know.

It is not a safe idea to go exploring through the house while you are home alone. There are too many things that can be dangerous to you.

(Stay away from the medicine cabinet, all medicines, cleaning supplies, and anything else you are not allowed to do when Mom and Dad are home!)

OTHER TIPS

What are some other unsafe things to do? Discuss.

Discuss things that are safe to do when you are home alone.

Make sure you keep all emergency numbers by the phone.

(You may use the Emergency Phone List (Appendix E) now or in the lesson on Emergencies.)

Review the two important rules and use hand and head motions:

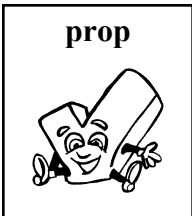
Keep the door shut and locked!

Let it ring! Let it ring! Let it ring!

Closure

Remember Charlie Check-First's rule: make sure you Check First before you open the door or answer the phone. If you cannot check, then the answer is NO!

Be sure to make good decisions. It is a smart decision to Check First!



prop

Review the lesson by removing one bubble at a time and discussing the safety tips for that topic.

Use the Safety Kids Songs to reinforce concepts.

Choose one or more of the Reinforcement Activities on the following pages.

Be A Safety Kid!



Reinforcement Activities



Songs

Sing songs using the *Safety Kids Music*. Words are included in the appendix. Children love the repetition of the words, and the songs help them remember the rules.

Materials needed: *Safety Kids Songs*



Brainstorm Song Writing

The “Let it ring! Let it ring! Let it ring!” rule fits well with the chorus of the song “Let It Snow.” Students brainstorm in groups or as a class to write a verse for this rule. Share your song with the other classes and possibly tape record the students singing!



Materials needed: large chart paper for brainstorming ideas, large chart paper or poster paper to publish final song, tape and tape recorder



Make a Safe House

Provide students with a variety of shapes that can be assembled to make a simple house. Cut your own shapes or use the patterns and copy them on colored paper. Remind students, when assembling their houses, of the importance of keeping the door closed!

Materials needed: shape patterns, construction paper, glue



Designer Banners

Students create a rules banner for the classroom or school. If the school does not have software to design the rules on a computer, then students may write and color on banner paper. Pair or group students to illustrate the rules: “Keep the door shut and locked!” and “Let it ring! Let it ring! Let it ring!”

Materials needed: computer and software, banner paper, crayons, markers.



Do's and Don'ts for Home Alone

Each child gets a piece of paper and folds it in half once and reopens the paper. On one side they illustrate one wrong thing to do when they are home alone. On the other side they illustrate the safe procedure in the same situation.

Materials needed: drawing paper, pens, pencils, crayons, markers



Rule Relay

Write the rules on index cards—one word on a card. You will need two sets of these cards. Make the sets different colors so that they can be separated. Divide the students into two teams. One at a time, each member of the team runs up to the pile of cards that are shuffled, takes a card, and runs back. The next person repeats this procedure. When all of the cards have been gathered, the team needs to hold the cards and line up in order so that the teacher can read the rule. The first team to get lined up properly wins. Depending upon the number and age of the children you may want to use only one rule or both rules combined. Use the rules: “Keep the door shut and locked!” and “Let it ring! Let it ring! Let it ring!”

Materials needed: index cards, open space



Scattered Rule Relay

Write the rules on index cards—one word on a card. You will need two sets of these cards. Make the sets different colors so that they can be separated. Divide the students into two teams. When the children are not in the room, place the cards all over in various places. Each student is to find one card that is his or her team color. When all of the cards have been gathered, the team needs to hold the cards and line up in order so that the teacher can read the rules. The first team to get lined up properly wins. Depending upon the number and age of the children you may want to use only one rule or both rules combined. Use the rules: “Keep the door shut and locked!” and “Let it ring! Let it ring! Let it ring!”

Materials needed: index cards



Rule Review

Children stand in a circle. One child states the first word of the rule and bounces the ball to another student. That student then says the next word of the rule and bounces the ball to someone else. This continues as the entire rule is said. This may be repeated often to give everyone a chance. Use the rules: “Keep the door shut and locked!” and “Let it ring! Let it ring! Let it ring!”

Materials needed: large rubber ball, open space



Home Alone Activity List

Use the master of the Key and copy it onto sturdy paper. Give one to each child and have individuals write on the key and list different safe activities they could do when home alone. Punch a hole in the top and attach a string. Instruct the children to hang it someplace where they can easily find it when they are home alone and need something to do.

Materials needed: master of Key (enlarge it) , pens, pencils, hole punch, string



Home Alone Journal

Students create a Home Alone journal made out of blank sheets of paper. Students illustrate the cover page for their booklet. Have the class brainstorm ideas of things they could put in their journals when they are home alone and have students list them in the back of their journals for reference. They can write daily entries in their journal.

Materials needed: two sheets of drawing paper per student, five or more sheets of writing paper per student, pens, pencils, crayons, markers



Can Do/Cannot Do

What do you do once you are home and the door is locked and you are alone? Have students brainstorm for things they can/cannot do. Use ✓ and ⊗ for headings. Example:

Can ✓: read, do homework, watch approved television, play a solitary game.

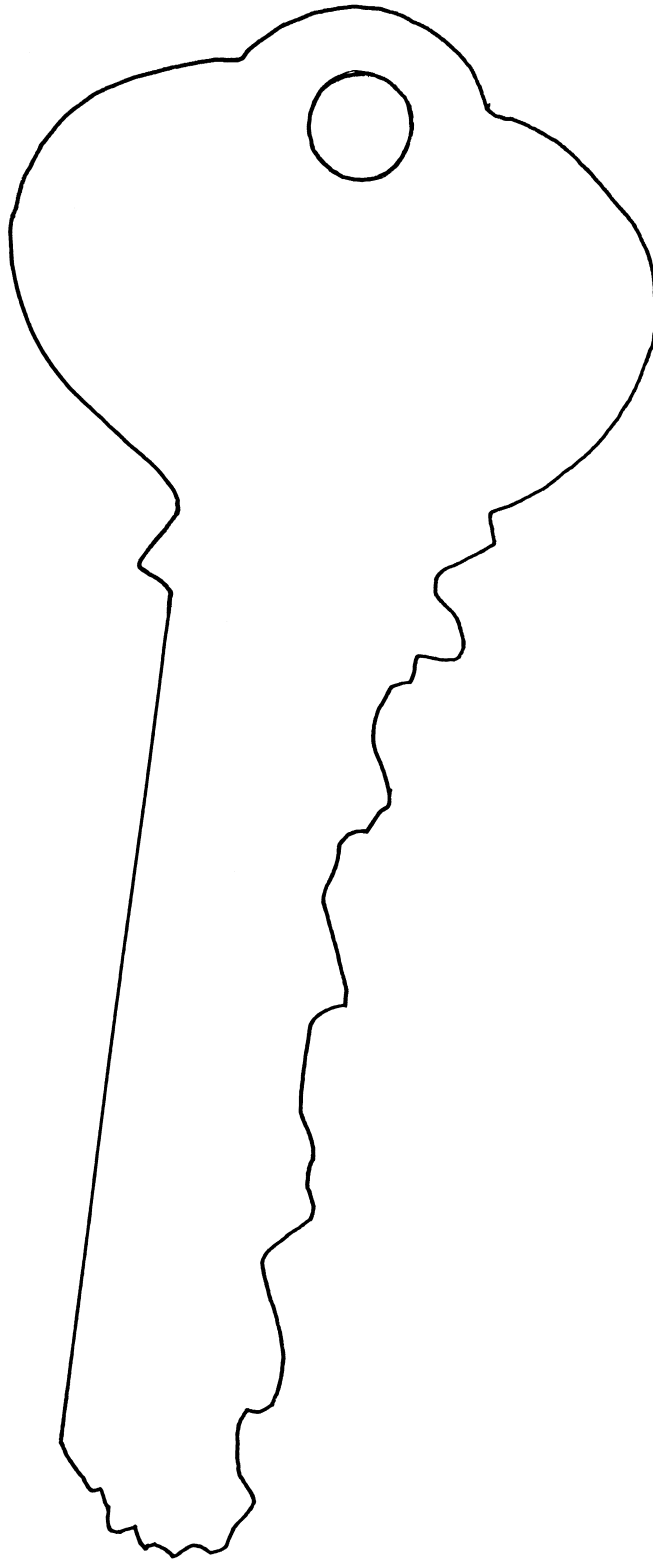
Cannot ⊗: cook on the stove, talk on the phone, play outside.

Students may illustrate a Can Do/Cannot Do picture after the list is formed.

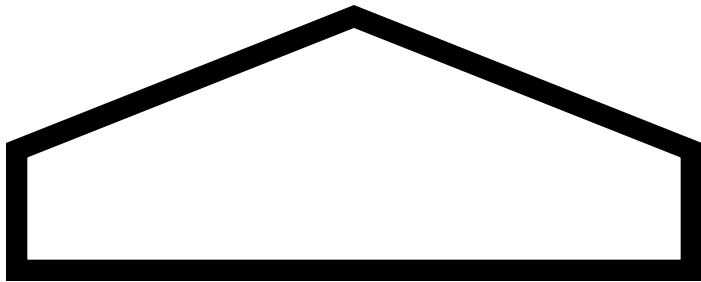
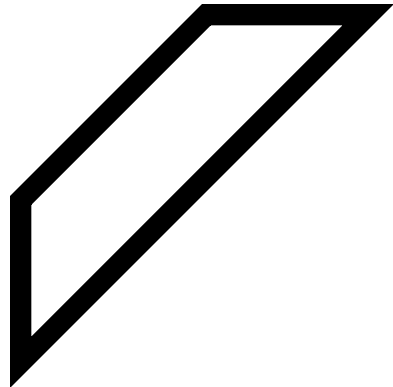
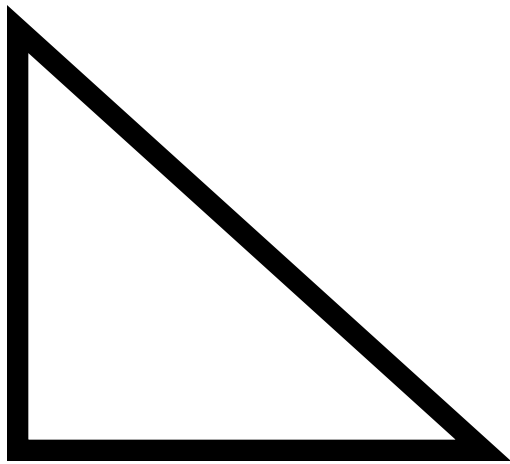
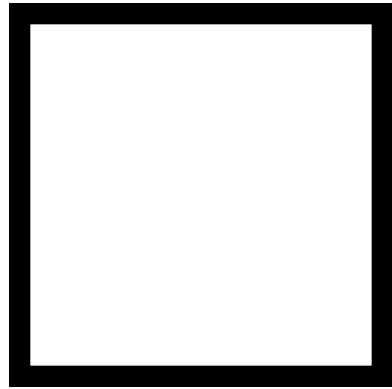
Materials needed: paper, pencils, crayons, markers



Key



Shape Patterns

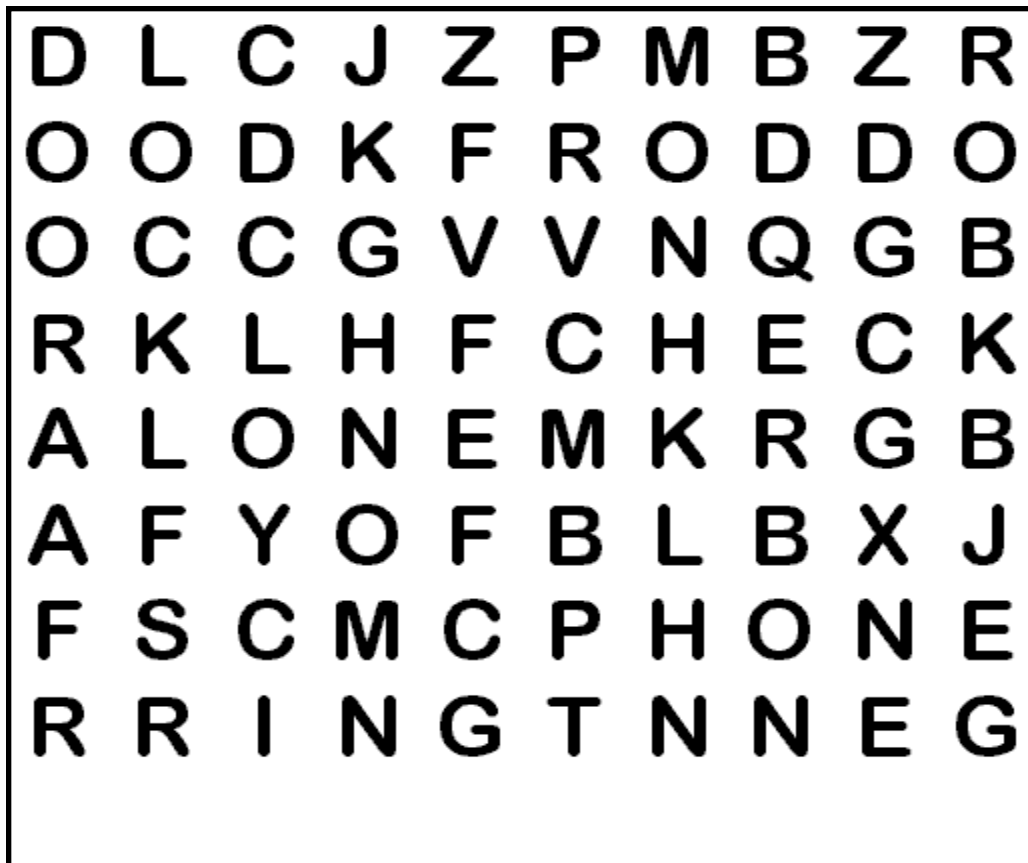


Home Alone



Home Alone

Find the words from the word list and circle them. They may go across or down.



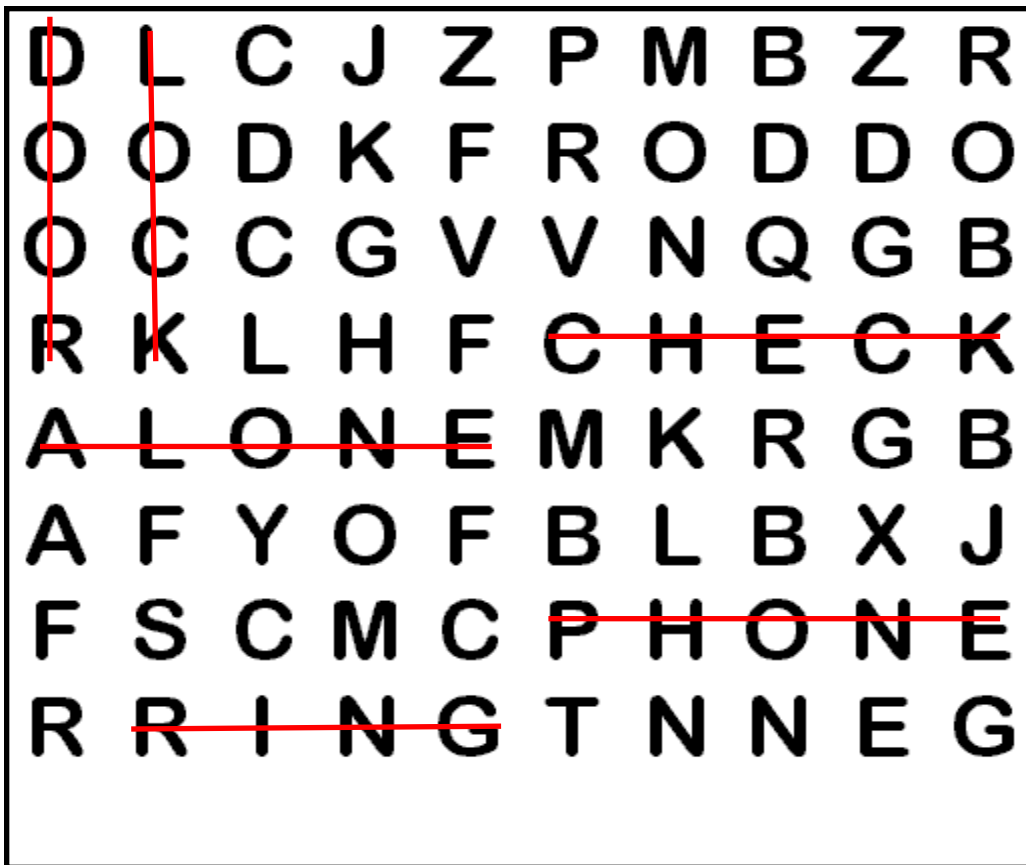
Word List

alone	door	phone
check	lock	ring



Home Alone Answers

Find the words from the word list and circle them. They may go across or down.



Word List

alone	door	phone
check	lock	ring