

# Home Alone



**Bold Text:** suggested words to say to teach lesson  
*Italics:* suggested actions to take  
(Parenthesis): background information or suggested answers

After “Check First”, the remaining lessons may be completed in any order.

## Materials Needed for Lesson

- Charlie Check-First poster
- *Toys* poster
- A decorated box or bag to be your Safety Toy Box
- Assorted objects to put in Toy Box (some that represent the items on the poster [lesson topics] and some that do not)
- A key
- Toy phone or real phone
- *Safety Kids Songs* (optional)
- Letter to the Parents/Guardian (Appendix)

## Objectives for Students

- Use hand motions to recite: “Keep the door shut and locked!”
- Role-play not answering the toy phone and letting it ring.
- Explain what to do with someone at the door if the adult at home is busy or sleeping.

## Review of Introduction or Past Lessons

*Decide which topics you plan to teach for your session and put objects representing those topics in your Safety Toy Box before you begin.*

*Using the Toys poster, introduce the lesson as described in the Introduction under Safety Poster Teaching Procedure.*

*Always start with a review of the Check First concept! Recite Charlie’s rule.*

*Review concepts from any lessons previously taught. Point out the items on the poster that represent the concepts covered.*

## Lesson

*Display the poster. Talk about what the girls may be doing in the house. (Maybe they are home without an adult, or maybe the mother is sleeping, or perhaps they have a babysitter. Even if they are not all alone, there are certain rules to follow.)*



*Ask someone to come up to the prop box and find something in there that the girl or her parent would need in order to get into the house. (The student should get the key out of the box.)*

**If you have a key to your house, it should be a secret. If you are ever in the house by yourself you need to keep that a secret, too!**

*Discuss how they should not let others know they will be home alone.*

**Let's pretend that you are by yourself (or maybe the babysitter is changing your sister's diaper) when someone knocks at the door or rings the bell.**

**Should you answer or open the door?** (No! Make sure children know not to even talk to the person at the door. Discuss how the adult at home may be cutting the grass, napping, in the laundry room, etc.)

*Discuss how only adults should answer the door or phone.*

*Have children recite the rule: "Keep the door shut and locked!" using hand motions. As you say the word shut, clap hands together and hold. As you say the word locked, make the motion of locking the key in the door.*

*Repeat this rule several times! **Keep the door shut and locked!***

*Give some examples. Knock on the wall and tell the children it is their neighbor. What should they do? Discuss and use hand motions to repeat rule. Try it again and say it is someone who looks like a police officer. Discuss. (Do NOT open the door for anyone; even someone dressed like authority.)*

**We have another important rule to remember at home.**

*Ask someone to come up to the prop box and find something in there that the girl or her parent would need in order to talk with someone who is in another house. (The student gets the phone.)*



**You are playing with your toys while mom is busy making dinner. The phone rings, but mom is too busy to answer it. Should you answer the phone?** (No!) *Discuss.*

*Have children recite the rule: "Let it ring! Let it ring! Let it ring!" and move your head back and forth in a sing-song manner as you say it. Try it in different "styles"—rap, chant, whisper, etc. (Children love hand motions, sing-song, patterns,*

rhythms.)

**Remember Charlie Check-First's rule! You need to Check First with an adult before you open the door or answer the phone.**

*Allow time for discussion.*

*Students who name two important ways to stay safe at home may shake Charlie's hand or give him a hug.*

*Make sure each student can recite Charlie's rule before the lesson ends!*

## Closure

**“Check First before you go anywhere with anyone.”**

*Make sure each student can recite: “**Keep the door shut and locked!**” and “**Let it ring! Let it ring! Let it ring!**”*

*Practice not answering on the toy phone.*

*Use the Safety Kids Songs to reinforce the **Check First** rule.*

*Choose one or more of the activities on the following pages.*

**Be a Safety Kid!**



## Reinforcement Activities



### Songs

Sing songs using the *Safety Kids music*. Words are included in the appendix. Children love the repetition of the words, and the songs help them remember the rules.

**Materials needed:** *Safety Kids Songs*



### Rule Review

Children stand in a circle. One child states the first word of the rule and bounces the ball to another student. That student then says the next word of the rule and bounces the ball to someone else. This continues as the entire rule is said. This may be repeated often to give everyone a chance. Use the rules: “Keep the door shut and locked!” and “Let it ring! Let it ring! Let it ring!”

**Materials needed:** large rubber ball, open space



### Home Alone Activity List

Use the master of the Key and copy it onto sturdy paper. Give one to each child and have individuals draw a picture on the key of a safe activity they could do when home alone or when a parent is busy. Punch a hole in the top and attach a string. Instruct them to hang it someplace where they can easily find it when they are home alone and need something to do.



**Materials needed:** master of Key (enlarge it) , pens, pencils, hole punch, string



### Symbol Reminders

Copy the masters of the house, key, and/or the phone onto sturdy paper. Students color or decorate them to remind them of the home alone rules.

**Materials needed:** masters of key, house, and/or phone, markers, crayons, bits of colored tissue paper, yarn, sequins,, other decorating items.

**Key**





