

Buddy System

(what to do if lost)



Bold Text: suggested words to say to teach lesson
Italics: suggested actions to take
(Parenthesis): background information or suggested answers

After “Check-First” and “Safety Person/Safety House,” the remaining lessons may be completed in any order.

Materials Needed for Lesson

- Charlie Check-First poster
- *Treasure Chest* poster
- Charlie Check-First symbol card
- Buddy System symbol card (and any other topics you plan to cover)
- Buddy Bears (2 stuffed bears or other animals) [Optional]
- *Safety Kids Song* (optional)
- Letter to the Parents/Guardian (Appendix)

Objectives for Students

- Identify what makes a buddy.
- List two times and places to have a buddy.
- Explain two ways a buddy can help in times of trouble.
- Participate in the “Freeze and Yell” technique.
- State their mom’s, dad’s, or guardian’s first and last names.
- Explain why it is unsafe to go off with a clerk or security guard.

Introduction or Review of Past Lessons

Decide which topics you plan to teach for your session and put those corresponding symbol cards inside the poster pocket before you begin.

Always start with a review of the Check First concept!

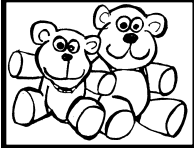
Using the Treasure Chest poster, introduce the lesson as described in the Introduction under Safety Poster Teaching Procedure.

As you introduce a topic, a student (or teacher) removes and displays the symbol card from inside the pocket.

Proceed with the lesson.

Lesson

Symbol Card



Have a student remove the Buddy System symbol card from the poster pocket. These two bears are buddies.

My friend and I are buddies. Some people call us best friends or pals. We like to go places and spend time together. That's what makes a buddy.

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Hold up the two Buddy Bears and introduce them to the class. What can these two Buddy Bears do together? Get responses.

Do you have a buddy? What do you like to do with your buddy? *Have a few students tell you the name of their buddy or what they like to do with their buddy.*

A buddy can help you remember your safety rules. He or she could go with you to ride your bike or to walk to the playground. That way you are not alone.

THE NEED FOR A BUDDY

Why is it important to have a buddy? What are some ways a buddy could help you? *Get responses.*

(A buddy is there to keep you company, to help you on the spot, or to go and get help if you get into trouble. If you fall or get really sick or maybe stung by a bee, a buddy could get help for you.)

Can you think of some times that you should be with a buddy? *Discuss.*

(Children should have a buddy in a public restroom in a store, restaurant, etc. Mom or Dad can stand outside the restroom. They should also have a buddy in malls, at the park, bus stop, to and from school.)

"FREEZE AND YELL"

Has anyone ever been to a store and somehow Mom (or your buddy) got separated from you? Maybe you turned around and she wasn't there.

What should you do in that situation? *Take one or two answers.*

Charlie Check-First says the most important thing to remember is to stand still! FREEZE! Pretend to "put glue on your shoes." Do not walk around and try to find your parent or buddy.

Stay where you are! If you go to look for your mom, it might be harder for her to find you because she will go to the last place that she saw you.

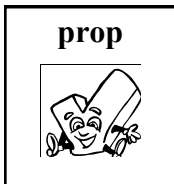
Just remember to FREEZE. Stay where you are. “Put glue on your shoes.” After you freeze, yell your mom’s (or buddy’s) first and last name to help her find you.

If you have been FROZEN for a long time and your mom has not found you, it’s OK to ask a parent with children to go and get help for you. But you stay where you are! Do not even go to a register, a parking lot, or off with a clerk or guard. **FREEZE!** It is not always easy to tell just who is and who is not a safe person. It is often hard to locate or recognize a store employee. So it really is best to just stand still and send someone off to get help for you.

Closure

Practice the Freeze and Yell technique. Students stand up and walk around in place. Teacher says “Where’s my buddy?” Children pretend to look for their buddy or parent, freeze (make an exaggerated freezing motion), touch the soles of their shoes and pretend to “put glue on your shoes”, and stick them to the floor. On the count of three everyone yells the first and last names of their parent or guardian.

Practice several times using a different buddy name each time.



Review each safety symbol card one at a time and put it back in the poster pocket.

Be sure to make good decisions. It is a smart decision to Check First!

Use the Safety Kids Songs to reinforce concepts.

Choose one or more of the Reinforcement Activities from the following pages.

Be a Safety Kid!



Reinforcement Activities



Songs

Sing songs using the *Safety Kids Music*. Words are included in the appendix. Children love the repetition of the words, and the songs help them remember the rules.

Materials needed: *Safety Kids Songs*



Buddy Day

Have students choose a buddy (or the teacher may choose). Plan ahead so students can be prepared to help out their buddy for the day. Have them sit together, work together, make a craft together, play, maybe even dress alike for the day. Use your imagination! Practice situations from the lesson where buddies can help.

Materials needed: none



Cookie Cutter or Sponge Painting

Students can paint buddies (two of the same object) using cookie cutters or sponges dipped in paint. Shapes may be people or bears or whatever they choose.

Materials needed: construction paper, sponges or cookie cutters, paint



Buddy Badges

Students will choose (or be assigned) a buddy. Each set of students is given a bag of materials to be used to make Buddy Badges. The materials should allow both buddies to make identical badges. (for example: two red badges, two pieces of white yarn, four star stickers, two dinosaur stickers, etc.) Buddies work together to create their badges and then wear them throughout the day as they stay together. Whenever they are separated, the buddies could practice *Freeze and Yell*. Remind them to be respectful of other classes and students: yelling in the hallways may not be appreciated.

Materials needed: badge pattern, construction paper, yarn, stickers, markers, etc.



Freeze and Yell Game
Students choose (or are assigned) a partner. One child in each pair is given a star necklace. Partners walk around the room holding hands. The teacher selects one set of children and separates their hands. The child wearing the necklace FREEZES and YELLS the name of their partner. When the partners are reunited, the star is given to the other student. Play continues until all children get to *Freeze and Yell*.

Materials needed: construction paper, yarn, hole punch, star pattern



Buddy Sandwiches
Separate the children into pairs (buddies). The buddies sit next to each other and put their inside arms behind their backs so they are unable to use those arms and hands. Then each pair makes a peanut butter and jelly sandwich together. **Substitute other food items in case of food allergies.**

Materials needed: two slices of bread per pair of students, peanut butter, jelly, plastic knife, paper plate, and napkins.



Interview a Buddy
Pick names out of a hat (first two names are buddies, next two are buddies, etc.). Pass out the Circle of Friends worksheet to each student. With their partner, they are to pretend they are a reporter and interview their buddy. Each part of the circle should be filled in with the required information. When they are finished, pick another buddy and continue until paper is completed. Students can act as news reporters and introduce their buddies to the whole class.

Materials needed: Circle of Friends master, pencils



Buddy Comparison
Pair the children up and have them compile a list of all the things they have in common. Each group shares their list with the class.

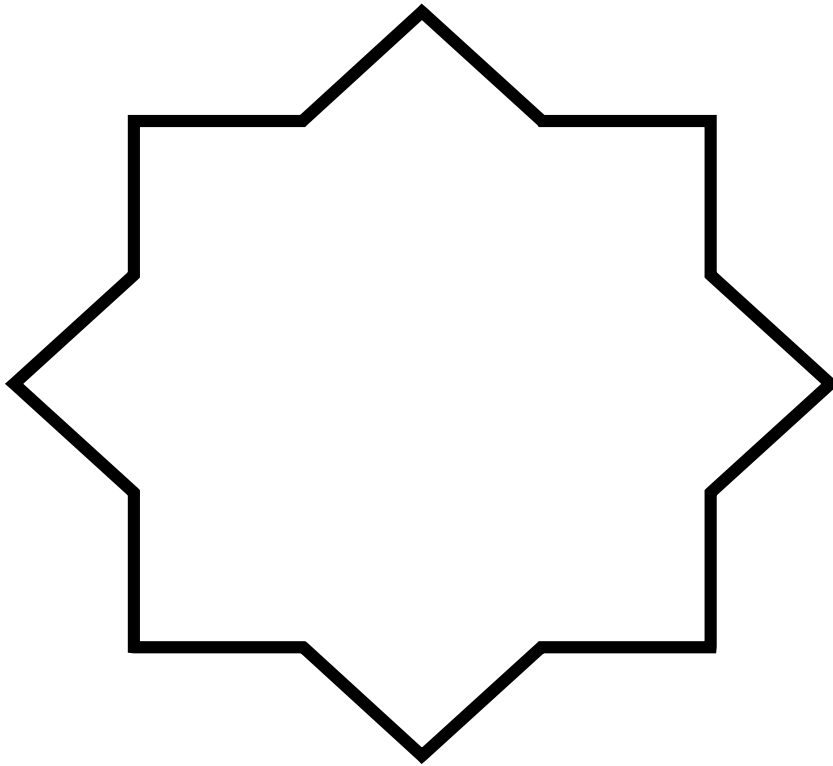
Materials needed: writing paper, pens, or pencils



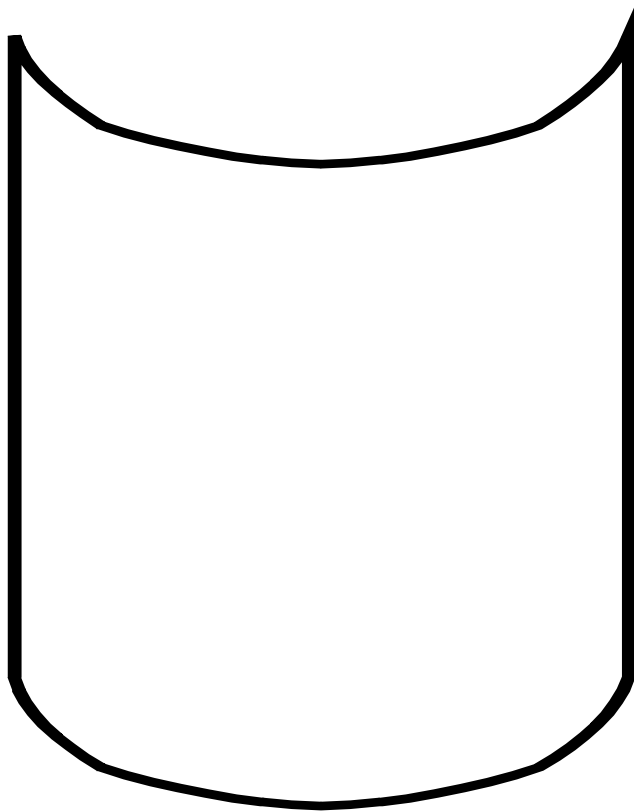
Buddy Story
Each student begins a story about two buddies. It must include the buddies' names and what the two friends are planning to do. Then they switch papers with another student and work on the new paper. They are to finish the story by telling how the buddies kept one another safe.

Materials needed: writing paper and pen/pencils





Buddy Badge Patterns



Circle of Friends

The diagram is a large circle divided into four quadrants by a vertical and a horizontal line. It consists of four concentric circles. The innermost circle is divided into four quadrants, each containing the word "Name". The second ring from the center contains the label "favorite color" in each quadrant. The third ring contains the label "favorite food" in each quadrant. The outermost ring contains the label "What I like to do" in each quadrant. All text labels are written in a bold, italicized font.



Buddy System

Find the words from the word list and circle them. They may go across or down.



Word List

bathroom	lost
buddy	name
clerk	parent
freeze	store
help	yell



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