

Bold Text: suggested words to say to teach lesson

Italics: suggested actions to take

(Parenthesis): background information or suggested answers

This lesson should follow "Check-First."

If you do not plan to teach the "Safety Person/Safety House" lesson separately, make sure to incorporate these concepts in the "Check First" lesson!

Materials Needed for Lesson

- Charlie Check-First poster
- *Treasure Chest* poster
- Charlie Check-First symbol card
- Safety Person / Safety House symbol card (and any other topics you plan to cover)
- Safety Kids Songs (optional)
- Letter to the Parents/Guardian (Appendix)
- Safety Person/Safety House letter (Appendix)

Objectives for Students

- Explain how the Safety Person is the only exception to Charlie Check-First's rule.
- Give two examples of times they might use a Safety Person/Safety House.
- Explain how a code word works.
- Ask their parents to designate a Safety Person/Safety House and a code word.

Review of Introduction or Past Lessons

Decide which topics you plan to teach for your session and put those corresponding symbol cards inside the poster pocket before you begin.

Always start with a review of the Check First concept!

Using the Treasure Chest poster, introduce the lesson as described in the Introduction under Safety Poster Teaching Procedure.

As you introduce a topic, a student (or teacher) removes and displays the symbol card from inside the pocket.

Proceed with the lesson.

Lesson



Have a student remove the symbol card of the Safety Person/Safety House from the Treasure Chest poster pocket. This card shows a symbol of a person and a house. This is a <u>Safety Person</u> and a Safety House.

The world is filled with people who are good, kind, and helpful! They may just be friendly, or they may actually be very helpful in a time of need.

SAFETY PERSON

Maybe your parent cannot pick you up in time after scouts, or after sports, or some other time. What is a safe thing that you could do? *Discuss*.

A person you could trust for a ride is called a Safety Person. It's OK for you to take a ride from this person or ask them for help.

A Safety Person is someone your parent chooses. You can trust that person to help you. Stress that the parent must select this person.

This is the <u>only</u> exception you are allowed to make to Charlie's rule for checking first before you go with anyone.

Discuss.

Some families use a code word instead of a Safety Person. For your age, it is really better to use a Safety Person instead of a code word.

Discuss how a code word works in case some children use them. (It is a secret word between parent and child. If a parent needs someone else to pick up the child, that person is told the code word and must share that with the child.) Stress these points:

- 1. The person must give the child the code word before the child can go with him or her.
- 2. The child is not to give any hints or clues about the code word.
- 3. The child must stay at least two arm lengths away, even if the person wants to whisper the code word.

(Adults may try to trick the child into revealing the word, or may try to grab the child if close.)

SAFETY HOUSE

Maybe you get hurt on the way home from school, or maybe a bully is picking on you and you need some support. The place for you to go is called a Safety House.

The person who lives in the Safety House is someone your parents trust and you can go to them for help. (for example, if you need to use a phone for an emergency or if you get hurt or have a problem)

This is someone you can trust! Do you know a Safety House in your neighborhood? (The Safety Person and Safety House do not need to be the same person.)

Some neighborhoods have Block Parents, Block Watch, etc. Discuss this if it applies to your children.

Remember, a Safety Person or Safety House is the <u>only</u> exception you are allowed to make to Charlie's rule to Check First before you go with anyone.

Closure



Have a student explain the concept and put the Safety Person/Safety House symbol card back in the poster pocket.

Be sure to make good decisions. It is a smart decision to Check First!



Use the Safety Kids Songs to reinforce concepts.

Choose one or more of the Reinforcement Activities from the following pages.

Be a Safety Kid!



Reinforcement Activities



Songs

Sing songs using the *Safety Kids Music*. Words are included in the appendix. Children love the repetition of the words, and the songs help them remember the rules.

Materials needed: Safety Kids Songs



Safety House

You may wish to use the shape patterns if you did not already use them in the Home Alone lesson. Students use the patterns to create a picture of their Safety House. Or they may draw the house freehand. Students may decorate and elaborate as much as they choose.

Materials needed: shape patterns, crayons, markers, scissors, paste, paper



Paper Plate Safety Person

Students create the face of their Safety Person on a paper plate. Use yarn, paint, crayons, whatever art supplies you want to use. They may display the faces in a *Safety Zone* bulletin board.

Materials needed: paper plates, crayons, markers, yarn, art supplies to decorate the face



Safety Dream House

Each student is to create his or her own dream house. They are to draw a house that they would love to live in. They should cut along three sides of some of their windows or doors and open them up. Then they glue a piece of paper to the back of their house. Students write the name of their approved Safety Person/Safety House in the open windows and doors. Make sure they include the name, address, and phone number of their Safety Person/Safety House.



Materials needed: drawing paper, plain white paper, pens, pencils, crayons, markers, scissors, glue





Safety Chain

Use the Safety Person pattern to make a Safety Person chain. Give each student a piece of paper folded into thirds, or instruct them to measure and fold their paper into thirds. Trace the Safety Person pattern on the paper and cut it out, making sure not to cut out the hands completely so that they are still connected. Then they are to put a different Safety Person's name on each cut-out person. Decorate. Tell the children to take the chain home and put it in a prominent place so they can refer to it when necessary.

Materials needed: Safety Person pattern, paper for each student, crayons, markers, scissors, pens, pencils



Safety Freeze Tag

Here is an opportunity for kids to run around: outside is best! Choose one child to be *It* and three or four students to be the Safety Persons. As *It* touches children, they are frozen. Only a Safety Person can free the frozen students. If all the Safety Persons become frozen, the teacher may step in to set them free or start a new game with new Safety Persons.

Materials needed: open space



7-Up Safety Game

Choose seven students to stand at the front of the room. The rest of the class puts their heads down, closes their eyes, and holds out a hand with the thumb up. The seven students quickly and quietly walk around the room, push down one thumb, and go back to the front of the room. The seven students who had their thumbs pushed down stand up. Before they can try to guess who pushed down their thumb, they need to state the name of their Safety Person or the address of their Safety House. If they do not have one they can give the name of a friend's Safety Person (for example, Jeremy's Safety Person is Mrs. Smith.) If they guess who pushed their thumb correctly they take that person's place at the front of the room. Play continues.

Materials needed: none





Group Safety House

As a class, make a big house out of various materials. Start with a big box and have small groups work on the various parts of decorating the house. One group could be responsible for creating the roof, one group the windows, one group the painting of the house, one a flower box for the window, etc.

Materials needed: large box, art supplies

Safety Person Patterns

